

# Dismissal Due to Illness

When a child becomes ill in school, the student will be referred to the School Nurse. In the event that the nurse is unavailable, the student will be referred to the Principal.

**Under no circumstances should a child use their cell phone to call or text a parent to come pick them up.** Students who do this will not be dismissed. Please adhere to this policy.

Students will only be released to adults who have been designated on the student's **EMERGENCY FORM**, and the **pick-up person must have a valid photo ID.**

A child will be dismissed if he/she:

- Vomits
- Has a temperature of 100.4 or greater
- Has diarrhea
- Has persistent abdominal discomfort
- Has a persistent headache
- Has persistent pain anywhere, with or without impaired mobility.
- Has a **severe** cold, cough, sneezing, sore throat, or red watery eyes.
- Has suspicious skin eruptions or rashes not readily identified. These should be considered contagious and will require a doctor's note to return to school.
- Has untreated pink eye/red crusting eye, until a note is presented from the physician that states the student has been treated for at least 24 hours and has been cleared to return to school.
- Demonstrates any other condition rendering him/her unable to function and fully participate in school.

*Parents are expected to keep ill students at home.* Students who come to school ill will be isolated from healthy children, which is particularly important to protect those students with chronic health conditions who may have serious outcomes if exposed.

*Parents are expected to pick up or send a designated pickup person for ill children when contacted by the School Nurse or Administration.*

# Physical Education Excuses

A parent may write a physical education excuse for a student for up to two (2) days. A copy is retained by the teacher and the School Nurse. The School Nurse may also write a physical education excuse, for one (1) day only, if necessary.

A long term physical education excuse must be requested in writing from the student's physician, specifying the length of time your child is to be exempted. A copy is retained by the teacher and school nurse. A written note from the same doctor should be submitted for the student to resume full activities. Students are not permitted to take physical education with a cast or stitches.

Any child who is exempt from physical education for medical reasons is not permitted to participate in outdoor recess activities. There is a chance of re-injury in the school yard, thus prolonging the child's healing and recuperation period. Depending on your child's condition, weather permitting, your child may be permitted to sit outside. Arrangements for indoor activities in the library, guidance office or a supervised classroom will be made by the school nurse.

Any child who is exempt from physical education for medical reasons is not permitted to participate in school sponsored sports.

## **DISPENSING MEDICINE IN SCHOOL**

(English) See Spanish below

**Any student who is to take medication during school hours must have the following form completed and returned to the School Nurse-Teacher.**

**All medication must be dispensed by the School Nurse-Teacher, except for older students and students with asthma, who are capable of self-medication with the written permission of both parent and physician.**

**In the event of Field Trips, a parent can accompany a child for the purpose of distribution of medication or a parent can get an exemption from the physician for the medication to be discontinued during the field trip only.**

**No student will be exempt from going on the field trip. The School Nurse-Teacher will accompany the students to distribute the medication.**

**A School Nurse-Teacher must accompany Special Education students who have daily medication requirements written in their IEP's on the field trip.**

**Medication must be delivered to the school by the parent or his/her designee with the student's name, name of physician, how the medication is to be given, the amount to be given, and the time it is to be given.**

## **DISPENSING MEDICINE IN SCHOOL**

**Me cualquier estudiante que deba tomar medicamentos durante las horas escolares, debe completar el siguiente formulario y retornarlo a la Enfermera Escolar.**

**Todos los medicamentos deben ser administrados por la Enfermera escolar, a excepción de estudiantes mayo estudiantes con asma, que sean capaces de auto-medicarse, con autorización de padres y medico.**

**En caso de viajes o excursiones, un padre puede acompañar al estudiante de administrar la medicina o el padre puede obtener una autorización del medico para que el uso del medicamento sea interrumpido durante el viaje solamente.**

**Ningún estudiante será excluido de participar en excursiones.**

**Una Enfermera Escolar tiene que acompañar a cualquier estudiante Educación Especial en excursiones, siempre y cuando el estudiante tenga requerimientos escritos en su historial de que debe tomar medicamentos diariamente.**

**Los medicamentos deben ser entregados, por un padre o una personal designada, con el nombre del estudiante, nombre del medico, instrucciones para uso, dosis y horario.**